



Davington Primary School

HOME LEARNING SUPPORT

Follow this guidance to create a positive learning environment at home

BE REALISTIC ABOUT WHAT YOU CAN DO

You're not expected to become teachers and your children aren't expected to learn as they do in school. Simply providing your children with some structure at home will help them to adapt. Use the tips below to help you make this work for your household

- Experiment in the first week, then take stock. What's working and what isn't? Ask your children, involve them too
- Share the load if there are 2 parents at home. Split the day into 2-3 hour slots and take turns so you can do your own work
- Take care of your own health and wellbeing. This will be new for your entire household, so give it time to settle.

KEEP A TIMETABLE WHEREVER POSSIBLE

- Create and stick to a routine if you can. This is what children are used to. For example, eat breakfast at the same time and make sure they're dressed before starting the 'school' day – avoid staying in pyjamas!
- Involve your children in setting the timetable where possible. It's a great opportunity for them to manage their own time better and it'll give them ownership
- Check in with your children and try to keep to the timetable, but be flexible. If a task/activity is going well or they want more time, let it extend where possible
- If you have more than 1 child at home, consider combining their timetables. For example, they might exercise and do maths together – see what works for your household
- Designate a working space if possible, and at the end of the day have a clear cut-off to signal school time is over
- Stick the timetable up on the wall so everyone knows what they should be doing when, and tick activities off throughout the day
- Distinguish between weekdays and weekends, to separate school life and home life

OTHER ACTIVITIES

- Get your children to write postcards to their grandparents or to pen pals
- Ask grandparents to listen to your children read on FaceTime (or ask grandparents to read to younger children)
- Give them chores to do so they feel more responsible about the daily routine at home
- Ask them to help you cook and bake

MAKE TIME FOR EXERCISE AND BREAKS THROUGHOUT THE DAY