



Long Term Plan PSHE

	Autumn Term		Spring Term		Summer Term	
	1	2	3	4	5	6
Year R						
Year 1	Me and my families and friendships	Me and respecting ourselves Me and belonging to a community	Me and money and work	Me and keeping safe Me and media literacy and digital resilience	Me and my physical health and mental wellbeing.	Me and growing and changing Me and my safe relationships
Year 2	Me and families and friendships	Me and safe relationships Me and respecting ourselves and others	Me and belonging to a community Me and media literacy and digital resilience	Me and money and work	Me and physical health and Mental wellbeing Me and growing and changing	Me and keeping safe
Year 3	Me and Belonging to a community Me and Families and friendships	Me and Money and work Me and Keeping safe	Me and Media literacy and digital resilience	Me and Respecting ourselves and others	Me and Growing and changing Me and Safe relationships	Me and Physical health and Mental wellbeing
Year 4	Me and Safe relationships Me and families and friendship	Me and keeping safe Me and respecting ourselves and others	Me and belonging to a community Me and media literacy and digital resilience	Me and money and work	Me and growing and changing	Me and physical health and Mental wellbeing
Year 5	Managing friendships and peer influence	Dealing with prejudice and discrimination	Career Choices and Aspirations	Protecting the environment	Growing and Changing	Staying safe and healthy



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Year 6	Me and safe relationships Me and families and friendships	Me and keeping safe Me and media literacy and digital resilience	Me and respecting ourselves and others	Me and belonging to a community	Me and growing and changing Me and physical health and Mental wellbeing	Me and money and work
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