

## For Us Too Family Support

We work with parents to identify support needs, and conduct research for families to put them on the right track to get the services and advice they need.

To access this service, or to refer a family for support, please contact us via the details on the back of this leaflet.

For regular news on events, national and local policy, fundraisers and much more, check out our Facebook page:

[www.facebook.com/pages/4us2](http://www.facebook.com/pages/4us2)

or go to our website:

[www.forustoo.org](http://www.forustoo.org)

## Get in Contact:

### For Us Too Margate:

Green Banks, Westfield Road,  
Garlinge, Margate CT9 5PA

Tel: 01843 446030

### For Us Too Sittingbourne:

Orchards, Attlee way,  
Sittingbourne, ME10 2HE

Tel: 01795 227171

### For Family Support Services:

family support @forustoo  
support @forustoo.org

### For all events:

07584708059 / 07908882088

Manager's Mobile: 07519 716186

General Email: [info@forustoo.org](mailto:info@forustoo.org)

Website: [www.forustoo.org](http://www.forustoo.org)

**Supporting children and  
young people with  
disabilities and their  
families in Swale,  
Canterbury & Thanet**



**For Us Too** is a charity run by parents  
of disabled children.

Our mission is to improve the lives of  
disabled children, young people and  
their families across East Kent.



### What we do:

- **Help parents to access information**, offer advice and support, signpost and refer to other services
- **1-2-1 family support work**
- **Website** with details of local groups, clubs and services
- **Workshops & training** for parents/ carers
- **Drop-in support groups** for parents and carers of children with disabilities or additional needs
- **School holiday activities** for families providing supportive and friendly breaks
- **Provide Education Support** to support families with all aspects of SEN
- **Listen to parents** and conduct surveys and research to inform service development



## Membership

All families of children or young people with a disability (as defined by the Equality Act 2010) who live or go to school in East Kent can become members of For Us Too.

Why become a member?

- Receive regular newsletters by email
- Priority booking for workshops & events
- Pay reduced rates for our trips & events!
- Access our lending library for special toys, books, DVDs & equipment
- Your input in how you would like For Us Too to develop and the events and services you would like
- Elect trustees, attend formal meetings, or even become a trustee yourself!

It is easy to sign up to become a member. Go to [www.forustoo.org](http://www.forustoo.org) and click on the "Sign Up" button. Alternatively, come to the office and fill out a paper form, or email [info@forustoo.org](mailto:info@forustoo.org)

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## Volunteering

- **For Us Too relies on volunteers** to provide our drop-in support groups and our holiday events and play sessions
- If you're interested in volunteering, please email [manager@forustoo.org](mailto:manager@forustoo.org) or go to [www.forustoo.org](http://www.forustoo.org) and go to "Work With For Us Too" page

## Parent-led

For Us Too was set up in 2010 by a group of parents/ carers of disabled children in East Kent. For Us Too is an independent charity governed by a Board of Trustees. The majority of our trustees will always be parents/ carers of disabled children and young people. The Board oversees the work of the charity's staff and ensures that For Us Too sticks to the objectives set out in its founding documents. The Board & staff consult with members to make sure they are representing families' views and providing needed services.

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## Donate & Fundraise

To make a donation to For Us Too, contact us via [info@forustoo.org](mailto:info@forustoo.org) or go to [www.forustoo.org](http://www.forustoo.org) and click on the "Donate Now" button to donate via Everyclick. To fundraise, please email [info@forustoo.org](mailto:info@forustoo.org)

We rely on donations and fundraising to support our services, so anything you can do to help is greatly appreciated!